

## Contact Us....

The Bungalow, Meath Green Infants School ,Kiln Lane, Horley RH6 8JG

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www.horleychildrenscentre.com

Facebook.com/HorleySureStartChildrensCentre

## Opening

### Hours:

Mon to Thu  
9am to 3pm

## Autumn term extra.....

### English for Parents

The course is for parents who speak other languages and covers: Getting to know the UK, Introductions, going to the doctors, UK education—getting your child into school, directions and talking to neighbours, landlord etc. \* See timetable overleaf for times, venue and costs. **(Booking)**

### Perinatal Mental Health Clinic

A specialist face to face clinic run by the Sussex Partnership NHS Foundation Trust. By appointment only. Starts Mon 4th Sept

### Prepare for Work Programme

Unemployed for 6+ months? This **FREE** programme offers tailored 1:1 support or group work with a personal mentor. *Call the centre for more information.*

## Other Services.....

- Bookstart Course
- Adult learning Courses
- Signposting to services
- Ante natal classes
- Midwife health clinic
- Breastfeeding support
- 0—19 Health Clinics
- Behaviour workshops
- Toilet Training
- Dental health advice

### Family Support

For when you need a little extra help and advice. Give us a call or pop in for a chat with one of our outreach workers.

## For more local children's centre services visit....

The Windmill, Smallfield RH6 9PT 01342 841586



Dovers Green, Reigate RH6 7RF 01737 223621



Stepping Stones, Redhill RH1 6DZ 01737 780255



windmillcc.com

doversgreenchildrenscentre.co.uk

steppingstones-earlswood.org



# Autumn Term Programme 2017

4th September - 20th December

No play sessions on 23rd—26th October



## A Sure Start Children's Centre

Services supporting families



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# Autumn Term Programme 2017 - Monday 4th September to Wednesday 20th December

No play sessions  
October Half Term 23—27th

Where marked with a  Priority is given to families living in Horley West and Central

Day	Activity	Time	Details	Where	Cost (*)	Booking?
Mon	Play & Learn	9:45 - 11:15am	Fun play session for parents and their under 5's 	HBC	£1.50 a family	No
	Baby Café (term time only) 	10am -12pm	Breastfeeding support and advice from an NCT counsellor, supported by mums. At the Old Fire Station, Albert Rd, RH6 7JA.	HYPC	£1.50 donation	No
	Toy Library	1pm - 2:45pm	A large range of toys to hire, from 25p to £1, for up to two weeks. Just turn up.	HCC	£2 Annual Membership	
	English for Parents	12:45 - 2:45pm	English for speakers of other languages. Starts 18th September for 5 weeks. * <b>FREE to those on income based benefits/Resident in UK for 3 years. Crèche available.</b>	HBC	£30 (*Free)	Yes
	Toilet Training	1:30 - 2:30pm	An advice session giving practical ideas and tips as well as helping parents to understand how children develop bladder control. 30th October & 4th December.	HBC	£1	Yes
	Lets Cook and Eat!	12:30 - 2:30pm	A 4 week course of practical cooking sessions for the whole family to enjoy. Starts 6th Nov.	HBC	£2 per week	Yes
Tue	Baby Massage	9:45 -10:45am	A five week course. Next courses start: Sept 12th & Nov 7th	HCC	£25	Yes
	Book Start Course (18mths—3yrs)	10 - 11am	A 4 week course with practical ways to promote reading, making it fun! Starts 5th Sept.	HBC	£1.50 a family	Yes
	Time To Shine	1:15 - 2:45pm	A play session for children with possible delays in communication, concentration, behaviour , social, emotional & physical skills. Call us for more information.	HCC	£1.50 a family	No
Wed	Active Play	9:45 -11:15	A physical energetic play session for confident walkers up to 5. 	HBC	£1.50 a family	No
	Child Health Drop-In 	9:45 - 11:30am	Advice and support available from the 0 - 19 health visiting team. <b>Runs all year round.</b>	HCC	Free	No
	Post Natal Group (Surrey families)	12:30 - 2:30pm	For new parents, includes play & development, baby massage & 1st Aid Starts 1st November	HCC	£1.50 donation	Yes
	Introducing Family Foods	12:30 - 2pm	Moving on to family foods using baby led weaning. From 4 months old. Oct 11th & Dec 6th (*Tue Sept 19th & Nov 21st at The Windmill centre)	HCC	Free	Yes
	Parenting Puzzle	12.30 - 2.30pm	A relaxed 'café' style 4 week course - building on existing skills to manage children's behaviour. Starts 13th September. Supervised play area available.	HBC	£2 per week	Yes
Thu	Sign Rhyme Music & Story Time	9:45 - 10:30am	Develop early communication with singing, stories, and rhyme. 0 - 5's 	HBC	£1.50 a family	No
	Baby Explorers	10:45 - 11:45am	Action songs, rhymes and sensory play. 0 - 18 months (non-walkers).	HBC	£1.50 a family	No
	Anxiety Workshop	12:30 - 2.30pm	Strategies, help and advice for managing anxiety. 19th October 2017	HBC	£1	Yes

Parents and carers are responsible for their children at all times— Maximum numbers apply

(\*) All Sure Start services are free to families on income support, job seekers or disability living allowance.

## Venues

HBC: Horley Baptist Church, 289 Court Lodge Rd, RH6 8RG.

HCC: Horley Children's Centre, Meath Green Infants, RH6 8JG.

HYPC: The Old Fire Station, Albert Road, RH6 7JA