



## Local Breastfeeding Support over Summer Holidays 2018

**Monday 23<sup>th</sup> July 10-12**

**Horley Young Peoples Centre The Old Fire Station  
RH6 7JA**

**Thursday 27<sup>th</sup> July 10-12**

**Caterham Children Centre CR3 5ZD**

**Wednesday 1<sup>st</sup> August 10-12**

**The Red Oak Children Centre RH1 3NH**

**Wednesday 8th August 10-12**

**The Red Oak Children Centre RH1 3NH**

**Wednesday 15<sup>th</sup> August 10-12**

**The Red Oak Children Centre RH1 3NH**

**Wednesday 22<sup>nd</sup> August 10-12**

**The Red Oak Children Centre RH1 3NH**

**Thursday 30<sup>th</sup> August 10-12**

**Caterham Children Centre CR3 5ZD**

**You can phone the advice line and speak to a member of the Health Visiting Team  
01883 340922 8-5 pm weekdays**

**You can phone one of the local NCT Breastfeeding counsellors who work in the Baby Café**

**Anne Humphreys 07472795916**

**Katherine Saunders 01883 723762**

**Chevonne Maguire 07783658689**

### **Useful websites**

**Breastfeeding network**

[www.breastfeedingnetwork.org.uk](http://www.breastfeedingnetwork.org.uk)

**Best Beginnings**

[www.bestbeginnings.org.uk](http://www.bestbeginnings.org.uk)

**La leche League**

[www.laleche.org.uk](http://www.laleche.org.uk)

**nct**

[www.nct.org.uk/parenting/breastfeeding-newborn](http://www.nct.org.uk/parenting/breastfeeding-newborn)